

# DO YOU AGREE WITH JESUS?

## QUESTION: How often should we take the Lord's Supper?

The question above is given many different answers in the religious world. Some groups partake of the Lord's Supper annually, some quarterly, some monthly, others weekly. Some religious groups will partake of the communion on Friday, others Saturday, and still others will partake on Sunday. Does the frequency with which one partakes of the Lord's Supper matter? Does it make any difference on which day one partakes of the divine memorial? Let us look at the Bible for the answer.

On the night he was betrayed, shortly before his betrayal, Jesus instituted the Lord's Supper in the presence of the twelve (Mt. 26:26-29; Lk. 22:13-20). Luke's account, coupled with the words of Jesus as recorded by the hand of Paul (I Cor. 11:23-26), show that by partaking of the unleavened bread and the fruit of the vine (grape juice), Christians are fulfilling the Lord's command to do this in remembrance of his death. Had this been all that was written concerning the memorial feast instituted by the Lord, then it would have been left to man's discretion as to the time and the frequency with which this Supper is to be observed. As a matter of fact, it would be necessary to partake of the Lord's Supper only once in one's lifetime in order to fulfill the command, "this do in remembrance of me." Apostolic example fixes the time and the frequency with which the Lord's Supper is to be observed. The apostles were guided into all truth (Jn. 16:13) as far as their teaching is concerned [divine guidance did not rule out mistakes in their personal lives and personal judgement]. Therefore, what they spoke, what they wrote, and what they did as directed by the Holy Spirit served as a guide for the infant church, and continues to serve as a guide for the church today. The frequency and time of observance are fixed for us in Acts 20:7. The church assembled upon the first day of the week, and this they did each week, for the purpose of eating the Lord's Supper. Since they met every first day of the week, they partook of the Lord's Supper every first day of the week.

Do you have a question that you would like for us to consider together, or a comment regarding what has been written? If so, please email us at [sixthavenue@bellsouth.net](mailto:sixthavenue@bellsouth.net), or write to us at the Sixth Avenue Church of Christ, 1501 Sixth Avenue, Jasper, Alabama, 35501.